



Mental Health Resources for Children, Parents, and Staff

Paintsville Head Start Mental Health Consultant: : Laken Bowens, Christy Miller LPCA
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Head Start offers a variety of Mental Health Services designed to *help keep little problems little* and *make bigger problems easier to handle*. These services include:

- Local access to School Based Therapist
- Individual Classroom Observation
- Consultation with Licensed Mental Health Professional
- Help with Community Resources and Referrals

School Based Therapist Schedule

Paintsville City Elementary	Rachelle Kestner	Tuesday and Thursday 8am-3pm
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Contact your child's Teacher, Family Advocate, or Big Sandy Area Community Action Program Head Start office at 606-789-1600 for more information.