



Mental Health Resources for Children, Parents, and Staff

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Head Start offers a variety of Mental Health Services designed to *help keep little problems little and make bigger problems easier to handle*. These services include:

- Local access to School Based Therapist
- Individual Classroom Observation
- Consultation with Licensed Mental Health Professional
- Help with Community Resources and Referrals

School Based Therapist Schedule

Allen Elementary	Katlyn Turner	Monday-Friday 8am-3pm
Betsy Layne Elementary	Brandi Smith	Monday-Friday 8am-3pm
Duff-Allen Central Elementary	Tabitha Fields	Mon/Tues/Wed/Fri 8am-3pm
May Valley Elementary	Joshua Grindrod	Tues/Fri 8am-3pm
Prestonsburg Elementary	Joshua Grindrod	Mon/Wed/Fri 8am-3pm
South Floyd Elementary	Seth Huff	Mon/Tues/Thurs/Fri 8am-3pm
Stumbo Elementary	Ethan Gayheart	Wednesday 8am-3pm
Floyd Central High School	Ethan Gayheart	Mon/Tues/Thurs/Fri 8am-3pm
Betsy Lane High School	Jeneana Crider	Monday-Friday 8am-3pm
Prestonsburg High School	Jessica Dye	Tues/Fri 8am-3pm
Adams Middle School	Jessica Dye	Mon/Wed/Thurs 8am-3pm

Contact your child's Teacher, Family Advocate, or Big Sandy Area Community Action Program Head Start office at 606-789-1600 for more information.