

Mental Health Resources for Children, Parents, and Staff

**Martin County Head Start Mental Health Consultant: Kristi Maynard, LCSW**

Head Start offers a variety of Mental Health Services designed to *help keep little problems little* and *make bigger problems easier to handle*. These services include:

* Local access to School Based Therapist
* Individual Classroom Observation
* Consultation with Licensed Mental Health Professional
* Help with Community Resources and Referrals

School Based Therapist Schedule

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| Eden Elementary | Dezeree Newsome | Thursday 8:00 AM-3:00 PM |
| Inez Elementary | Dezeree Newsome | Friday 8:00 AM-3:00 PM |
| Warfield Elementary | Dezeree Newsome | Wednesday 8:00 AM-3:00 PM |

Contact your child’s Teacher, Family Advocate, or Big Sandy Area Community Action Program Head Start office at 606-789-1600 for more information.