

Mental Health Resources for Children, Parents, and Staff

**Johnson County Head Start Mental Health Consultant: Dani Vanderpool, LPCC**

Head Start offers a variety of Mental Health Services designed to *help keep little problems little* and *make bigger problems easier to handle*. These services include:

* Local access to School Based Therapist
* Individual Classroom Observation
* Consultation with Licensed Mental Health Professional
* Help with Community Resources and Referrals

**School Based Therapist Schedule**

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| Central Elementary | Heather Kestner | Monday-Friday 8am-3pm |
| Flat Gap Elementary | Rachelle Kestner  | Wednesday and Friday 8am-3pm |
| Highland Elementary | Tyler Mullins | Wednesday-Friday 8am-3pm |
| Porter Elementary | Tyler Mullins | Monday-Tuesday 8am-3pm |
| WR Castle Elementary | Brittany Collins  | Monday-Friday 8am-3pm |

Contact your child’s Teacher, Family Advocate, or Big Sandy Area Community Action Program Head Start office at 606-789-1600 for more information.