

Example Daily Schedule

7:50-8:00 (10 minutes) Wash Hands/travel
8:00-8:30 (30 minutes) Breakfast
8:30-9:10 (40 minutes) Gross Motor
9:10-9:15 (5 minutes) Dental/Brush Teeth
9:15-9:25 (10 minutes) Circle Time
9:25-9:35 (10 minutes) Music and Movement
9:35-9:45 (10 minutes) Small Group
9:45-10:45 (60 minutes) Free Choice
10:45-10:50 (5 minutes) Clean Up
10:50-11:00 (10 minutes) Story Time
11:00-11:05 (5 minutes) Wash hands/travel
11:05-11:35 (30 minutes) Lunch
11:35-11:45 (10 minutes) Go Noodle/JAM
11:45-11:55 (10 minutes) Second Step
11:55-12:55 (60 minutes) Free Choice
12:55-1:00 (5 minutes) Clean up
1:00-1:10 (10 minutes) Second Small Group
1:10-1:50 (40 minutes) Gross Motor
1:50-2:20 (30 minutes) Rest Time
2:20-2:25 (5 minutes) Wash Hands
2:25-2:40 (15 minutes) Snack
2:40-2:45 (5 minutes) Recall/Prepare for Departure

Sample Schedule

7:30-8:00 (30 minutes) Arrival Table toys
8:00-8:30 (30 minutes) Breakfast
8:30-9:10 (40 minutes) Gross Motor
9:10-9:15 (5 minutes) Dental/Brush Teeth
9:15-9:25 (10 minutes) Circle Time
9:25-9:35 (10 minutes) Music and Movement
9:35-9:45 (10 minutes) Small Group
9:45-10:45 (60 minutes) Free Choice
10:45-10:55 (10 minutes) Story Time
10:55-11:00 (5 minutes) Wash hands/travel
11:00-11:30 (30 minutes) Lunch
11:30-11:35 (5 minutes) Travel to classroom
11:35-11:45 (10 minutes) Go Noodle/JAM
11:45-11:55 (10 minutes) Second Step
11:55-12:55 (60 minutes) Free Choice
12:55-1:35 (40 minutes) Gross motor
1:35-2:15 (30 minutes) Rest time
2:15-2:20 (5 minutes) Wash hands
2:20-2:40 (20 minutes) Snack
2:40-2:45 (5 minutes) Prepare for Departure