## BSACAP Health Advisory Minutes

Date: November 20, 2024

Meeting was called to order by:	Tracy Jenkins

Ms. Jenkins welcomed everyone and thanked them for coming. Those in attendance gave a brief introduction of themselves.

**Previous Minutes:** 

No previous minutes were available.

HAC By-Laws

Members were given a copy of the By-Laws which included the additions in red regarding mental health. A motion was made to accept the revised By-Laws.

Motion Made to Accept by: Seconded By: Motion Carried: Eden Bentley Tammy Taulbee Yes

Presentation: Mental Health

Tasha Miller: Mountain Comprehensive Care Center

Ms. Miller's presentation included three handouts regarding early childhood mental health, and she discussed the following items:

- Can not separate the brain and behavior. Understanding brain science helps to understand children. Try to take a different approach to how behavior problems are viewed.
- Can not extinguish bad behavior without giving an alternative behavior.
- Early intervention is the key. Teachers need to be empathic toward children and families.

New Business:

Teacher Observation of Child Health:

Mr. Jenkins explained that the form was no longer relevant and proposed eliminating it. The Health Advisory agreed. The proposal would be taken to the Policy Council for approval.

Motion Made to Accept by: Seconded By: Motion Carried: Eden Bentley Mayra Ramos Yes

## Growth Assessment Schedule:

Mr. Jenkins explained that teachers complete the form in the Spring and the Fall. He recommended that the form only be completed in the Fall. The Health Advisory agreed. The proposal would be taken to the Policy Council for approval.

Motion Made to Accept by: Seconded By: Motion Carried: Deden Bentley Mayra Ramos Yes

Reports:

Health Services Report:

A Health Services Report was not available as there is no Health Services Manager at this time.

Nutrition Services Report

The Nutrition Services Report was provided by Lori Howard and a copy was provided to the Health Advisory.

Disability Services Report:

Libby Spradlin provided the Disability Services Report and explained that each program is required to provide 10% of their enrollment slots to children with disabilities.

Mental Health Services Report:

Beth Preston provided the Mental Health Services Report. She discussed the numbers and what they represented.

Business from the Floor:

Next Meeting Location:

Spring 2025 meeting place suggestion was Jenny Wiley Lodge.

Training Topic Suggestions:

Dr. Rice mentioned contacting U-Pike regarding training for recognizing eye diseases.

Meeting adjourned.

Motion Made to close meeting: Seconded By: Motion Carried: Mayra Ramos Tammy Taulbee Yes